

The Spooky Shallow Cough

Written by Ben Rabb
Illustrated by Brittany Cyk



After reading a book to my nephew over video-chat I felt there was a need for a children's book that addressed some of the concerns of the day.

A few days later this book was born. The proceeds from the sale of this book will be donated to No Kid Hungry, to help feed kids who are missing school meals.

For more information, please visit
www.spookyshallowcough.com

To Casper. Stay friendly.

I heard a noise, a burp? A laugh?
Perhaps a ghost in hiding?
Or was it something in my head
A sneeze Virus was riding?





They said don't use your own two hands
Always aim for your elbow
I'll do my best to use my sleeve
Good thing my shirt is yellow

A woof, a bark, what's that you say
My little dog named Scout?
Just walks and naps and poops for you
No spooks come from your snout





And what about my dear grandma
She's short and kind of old
From her we'll stay far far away
At least for now I'm told

Walking's cool and dancing's great
Just stay 6 feet apart
Get all your silly willy's out
Far enough you can't smell farts





Home school today no seeing friends
Just rest and isolation
We'll do our best to still have fun
For this at-home vacation

Be nice to everyone out there
No matter where they're from
In these weird times we must be kind
Together we'll stay calm





A quarantine isn't so mean,
it's just a little kooky
It's meant to keep us nice and safe
from coughs, shallow and spooky

